This booklet is provided as a public service and may be duplicated as needed.

# **HELPline Yellow Pages**

Mini-Directory for Human Services

Madison County, AL

HELPline / United Way Community Resources

> Call 2-1-1 or (256) 716-1000

A more complete listing of community resources in this area is available on the Internet at **www.csna.org** 

# Crisis Services of North Alabama

P.O. Box 368, Huntsville, AL 35804 An agency of United Way of Madison County

August 2012

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Transportation

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Volunteer

# ALCOHOL / DRUG / ADDICTIONS

AA, ALANON	256-885-0323
Bradford Health Services	256-895-3848
Crestwood Chem Dependency Svcs	256-429-5480
Downtown Rescue Mission	256-536-2441
Families Anonymous	256-716-1000
Gamblers Anonymous	256-682-1928
Huntsville Metro Treatment Ctr	256-881-1311
Huntsville Recovery (Methodone Clinic)	256-721-1940
Mental Health Center/New Horizons  Outpatient Program	256-532-4141
Mt. Lake Subs. Abuse Treatment State-funded residential program	256-582-4465
Outreach Ministries of Alabama	256-778-8096
Pathfinder	256-534-7644
Salvation Army	256-536-2441
ANIMAL SERVICES / SHELTERS	
Animal Shelter	256-883-3782
ARK	256-851-4088
Greater Huntsville Humane Society	256-881-8081

# ANIMAL SERVICES / SHELTERS (cont.)

SNAP
Vector Control / Health Dept256-539-3711
CHILD ABUSE / NEGLECT
Madison Co. Dept. of Human Resources256-535-4500 Call to report child abuse
Nat'l Children's Advocacy Center256-533-5437
CHILD SUPPORT
Department of Human Resources256-535-4500
CHILDREN / YOUTH AT RISK
Early Intervention
Neaves/Davis Center for Children256-532-0300
Tenn. Valley Family Services
Sequel (formerly Three Springs)256-880-3339
S.P.A.N
The Studio

# **CHILDREN'S SERVICES**

Big Brothers/Big Sisters	256-880-2123
Boy Scouts of America	256-883-7071
Boys and Girls Club of Huntsville	256-534-6060
Childcare Management Agency	256-534-5110
Girl Scouts	256-883-1020
Girls Inc. of Huntsville	256-859-0011
Headstart	256-851-9804
Huntsville Child Care Center(Sliding fee scale)	256-536-8131
YMCA	256-881-8710
Young Life	256-533-1251
CHRISTMAS ASSISTANCE	
Breaking Free Mission	256-882-3334
Christmas Charities	256-837-2373
Downtown Rescue Mission	256-536-2441
Salvation Army	256-536-5576
Toys for Tots	256-213-9683

## **CLOTHING/HOUSEHOLD ITEMS**

Asbury Thrift Store	256-464-0460	
Breaking Free Thrift Store	256-851-1688	
Catholic Center of Concern	256-536-0041	
Christmas Charities Year Around	256-837-2373	
Goodwill Industries	256-536-0737	
Habitat ReStore (building supplies)	256-533-3267	
Neighborhood Store	256-536-1953	
Rescue Mission Thrift Store	256-532-0381	
Salvation Army Thrift Store	256-533-7223	
St. Vincent de Paul Thrift Store	256-851-8881	
CONSUMER SERVICES		
Ala. Cooperative Extension Service (Budget counseling and other services)	256-532-1578	
Consumer Credit Counseling Service	256-881-1000	
Family Services Center	256-551-1610	

(Services include credit counseling / financial literacy

training, low interest car loans)

# **COUNSELING/MENTAL HEALTH**

Crisis Services of North Alabama  Crisis counseling and support groups for domestic violence, sexual assault & survivors of suicide	256-716-1000
CSNA/HELPline Crisis & Information line available 24 hrs. a day	256-716-1000
Family Services Center	256-551-1610
Madison Co. Mental Health Center(Sliding fee scale)	256-533-1970

# **DISABILITY SERVICES**

Ala. Dept. of Rehabilitation Services	256-650-1700
Ala. Institute for the Deaf and Blind	256-539-7881
Ala. Disabilities Advocacy Program	1-800-826-1675
Children's Rehabilitation Services	256-650-1701
Phoenix	.256-880-0680
TASC  Technology Assistance for Special Consumers	256-852-5600

#### **DISASTER SERVICES**

American Red Cross	.256-536-0084
Huntsville-Madison Co. Emergency Management	
Agency	.256-427-5130

## **DOMESTIC VIOLENCE**

Domestic violence may take the form of verbal and emotional abuse, physical abuse, sexual abuse, and/or destruction of property or pets

Services available for persons in abusive relationships

- 24-hour HELPline
- Safe shelter in HOPE Place
- Court advocacy and assistance in filing victim compensation claims
- Crisis counseling and support groups
   Support groups are a widely recommended form of therapy for the mental and emotional distress experienced by persons in abusive relationships.
- Children/Teens Who Witness Domestic Violence Age-appropriate intervention to address effects on attitudes and behavior
- Domestic Violence Nurse Examiner.
- All services are provided free of charge.

Other services for persons in an abusive relationship Family Services Center	256-551-1610
Department of Human Resources	256-535-4500
National Children's Advocacy Center	256-533-5437

#### DOMESTIC VIOLENCE CHECKLIST

Are you in an abusive relationship?

- 1. What happens when you and your partner argue?
- 2. Does your partner ever give you reason to feel afraid of him/her?
- 3. Has your partner ever hurt or threatened you or your children?
- 4. Has your partner ever hurt your pets or destroyed items belonging to you?
- 5. Does your partner frequently check up on you to see what you are doing, even when you are at work?
- 6. Does your partner make accusations that you are flirting or having an affair when there is no basis for him/her to think this?
- 7. Does your partner make it hard for you to be with your family or friends?
- 8. Does your partner control all the money in the household?
- 9. Has your partner ever forced you to have sex or to do things during sex that made you uncomfortable?
- 10. Does your partner abuse drugs or alcohol?

# Volunteer to make a Difference!

CSNA needs volunteers concerned about domestic violence to serve as advocates, crisis line workers, and domestic violence first responders. Training is provided.

Call to find out more — 256-716-1000.

# **EDUCATION / JOB TRAINING**

Adult Education (GED)(Program is located at Calhoun Community College)	256-306-2830	
Adult Literacy Center Individualized basic reading and math instruction	256-533-2644	
Ala. Dept. of Rehabilitation Services	.256-650-1702	
Calhoun Community College	256-890-4700	
Drake Technical College	.256-539-8161	
Madison County Career Academy Offers adult literacy and GED preparation	.256-852-2170	
Madison County Job Line	256-532-6906	
No. Ala. Center for Educational Excellence	.256-372-4600	
Osher Lifelong Learning Institute (UAH)	.256-824-6959	
EDUCATION, LANGUAGE CLASSES		
First Baptist Church  Conversational English Classes for Internationals held at several Baptist churches	256-428-9400	
EDUCATION, SPECIAL		
Huntsville Achievement School	.256-539-1772	

## **EMPLOYMENT**

Christian Women's Job Corp	256-428-9435
City of Huntsville Voice Information	256-427-6751
Community Service Employment	256-830-0818
Department of Human Resources	256-535-4500
Huntsville Rehabilitation Center	256-880-0680
State Employment Office	256-851-0537
Unemployment Office	256-851-0536
FAMILY PLANNING & PREGNANCY	
FAMILY PLANNING & PREGNANCY  Best Start	256-265-7155
Best Start	
Best StartPrenatal services for Medicaid-eligible patients	256-536-0073
Best Start Prenatal services for Medicaid-eligible patients  Catholic Family Services	256-536-0073

## FINANCIAL ASSISTANCE

# (Please note: Hours and availability of funds may change. Call HELPline for current information.)

The CARE Center	256-723-2273
Catholic Center of Concern	256-536-0041
Community Action Agency.       256-536-4368         Heating / cooling assistance       256-536-4368         Neighborhood centers:       256-423-2400         Indian Creek.       256-837-8620         Calvary Hill.       256-534-0863         Brownsboro.       256-776-9127         Berkley.       256-776-9645         Madison.       256-772-6669         New Hope.       256-723-4247	256-851-9800
CUP-Churches United for People	256-539-8720
HAP-Huntsville Assistance Program	256-539-2320
HAP—Toney area	256-828-8788
Huntsville Utilities	256-533-0262

# FINANCIAL ASSISTANCE (cont.)

Inside-out MinistriesOnly services residents of the city of Madison Call for appt. Mon., Wed., Fri 9:30am-12:30pm	256-325-5193
Project Share / Salvation Army	256-536-5576
St. Vincent de Paul Society Catholic parish-based benevolent organization.	
For zip codes 35810, 35811, 35750, 35759 Queen of the Universe Call Tue-Thu, 9am– 2pm	256-852-2899
35805, 35806, 35816 St. Joseph's Call Wed., 9-11am	256-539-7476
35757, 35758, 35773, 35749 St. John's Call Tuesday, 8:30—10:30 am	256-726-0100
35801, 35802, 35803, 35811 35741, 35748, 35763, 35761 Holy Spirit Call Wed., 8:15-9:30 am	256-881-9663

# **FOOD**

The CARE Center	256-723-2273
Serves Berkley, Gurley and Southeast Madison County	
Department of Human Resources	256-536-0766
FoodLine	256-534-2424
HELPline/United Way Community Resources. Special Directory for Human Services	s – Madison Co., AL

Coordinated system of church food pantries Call Mon - Thurs, 9 – 12 & 13; Fri., 9–12
HAP-Huntsville Assistance Program
HAP—Toney area
Manna House Grocery distribution Mon., Wed., Thurs. at 4 p.m. Adjacent to Rock Worship Center, South Parkway
Meals on Wheels
Mercy Ministries256-881-7419 Every Saturday 9am-11am
Mobile Soup Van
North West Community Services Org256-532-1505 Mon-Fri 8am-5pm
Soupline (Salvation Army, 305 Seminole)256-534-1162 5:30-6:30am every day, Noon-2 Mon - Fri, 2pm-4pm Sat & Sun, 5:30–6pm Mon–Fri
WIC

# **GRIEF SUPPORT**

Family Services Center	256-551-1610
Hospice Family CareGrief support groups	256-650-1212
Crisis Services of North Alabama	256-716-1000
HOMELESS / HOUSING/SHELTER	
Breaking Free Mission	256-882-3334
Downtown Rescue Mission	256-536-2441
First Stop	256-533-3391
Habitat for Humanity Builds homes for families; does not do house repairs.	256-533-2282
Huntsville Housing Authority	256-539-0774
LIFT  Transitional housing, may be waiting list	256-551-1610
New Futures  To be used by those who are unable to stay in any other families with male children 14+, single fathers with female children 14+.	er shelter. i.e.
Riahrose	.256-489-4348
Salvation Army	256-536-8876
Shelter for adult men and women.  After hours	256-536-9147

HELPline/United Way Community Resources. Special Directory for Human Services – Madison Co., AL

## IN HOME SERVICES

Friends, Inc  Volunteers assisting families coping with serious illness	256-880-1672	
Lifeline Emergency response for elderly/disabled living alone	256-518-2245	
Medicaid Waiver Program	256-830-0818	
LEGAL		
Alabama State Bar Lawyer referral service	.1-800-329-5660	
Immigration & Naturalization Svc	.1-800-375-5283	
Elbert Parsons Law Library	256-532-1585	
Legal Services of North Central Ala	256-536-9645	
Madison County Volunteer Lawyer Program Free legal services to low income individuals	256-539-2275	
TARCOGFree legal services for individuals 60+	256-830-0818	
MEDICAL / DENTAL CARE		
AIDS Action Coalition.	256-536-4700	
Central Health Care	256-533-6311	
Choice Medicine	256-851-8804	
Community Free Clinic	256-533-2910	

# MEDICAL / DENTAL CARE (cont.)

Fox Army Health Center	.256-955-8888
Friends Inc  Transportation to medical or cancer treatment appts.	256-534-4079
HEALS Family Life Center	256-428-7560
Huntsville Hospital Emergency Room	256-265-8137
Madison County Health DepartmentFamily Planning, immunizations, sexually transmitted diseases, health education	256-539-3711
UAB Clinic Various medical specialties	256-551-4689
UAB Dental School	
Well-Child Pediatric Clinic	.256-551-4579
MEDICAL NEEDS / PRESCRIPTIONS	
Alabama Rx Card	-877-321-6755
American Cancer Society	.256-536-1855
Catholic Center of ConcernLimited prescription assistance	.256-536-0041
Family Wize1	-800-222-2818

# MEDICAL NEEDS / PRESCRIPTIONS (cont.)

Health Room Lending Closet(Housed at Senior Center)	256-880-7080
Madison County Medical SocietyPhysician referral service	256-881-7321
Medicaid District Office	256-584-4100
Medicaid Hotline	1-800-362-1504
Serves persons 55 and above	256-532-3345

# **MENTAL HEALTH / MENTAL RETARDATION**

Madison Co. Mental Health Center	256-533-1970
Madison Co. Mental Retardation Svcs	256-837-5777
Nat'l Alliance for the Mentally III (Huntsville)	256-534-2628
Opportunity Center (ARC)	256-539-2266

# **MULTICULTURAL ORGANIZATIONS**

Aid for the Aid and Development of the Hispanic Community	256-489-2369
Alabama Hispanic Assn.	256-509-0540
Asha Kiran  Telephone crisis referrals for persons of South Asian origin	256-509-1882

# **PUBLIC SERVICES**

Alabama Governor's Office	.334-242-7100
City of Huntsville Consumer Information	.256-535-2489
Community Development Div	.256-427-5400
Department of Human Resources	256-535-4500
Hsv-Madison Co. Emergency Mgt	256-427-5130
Huntsville-Madison Co. Public Library	256-532-5940
Huntsville Police (non-emergency nr)	256-722-7100
Madison Police (non-emergency nr.)	256-722-7190
Madison County Courthouse	.256-532-3300
Madison Co. District Attorney	256-532-3460
Madison County Legislative Office	256-539-5441
Madison Co. Sheriff (non-emergency nr)	256-722-7181
Neaves / Davis Center for Children(Juvenile Detention)	256-532-0300
Social Security Administration	6-593-0665

#### RAPE / SEXUAL ASSAULT

CSNA / Sexual Assault......256-716-1000

Sexual Assault Nurse Examiner

A specially trained nurse carries out a forensic exam to document injuries and gather evidence of assault.

Sexual Assault Advocate

The advocate provides information, reassurance, and guidance about concerns that arise following a sexual assault.

- Sexual Assault Crisis Counseling / Consultation Short-term counseling and consultation services are available to victims or family members to address concerns related to the aftermath of assault.
- Survivors of Sexual Assault Group Meets weekly with trained facilitator.
- All services free of charge.

What to do if a rape has occurred

Call the police. The police will direct you to CSNA for an exam.

Make a police report, even if you do not think you will prosecute.

If possible, do not bathe or use the bathroom until a rape exam can be obtained.

Do not eat or drink anything prior to the exam.

Wear or bring with you the clothes in which you were assaulted.

Have a rape exam to check for injuries and provide any needed medical intervention, as well as provide forensic evidence.

#### **SENIOR CITIZENS**

AARPAmerican Assn. of Retired Persons	256-880-7080
CASA Care Assurance for the Aging & Homebound	256-533-7775
Lifeline	256-518-2245
Senior Center	256-880-7080
Silver-Haired Legislature	256-533-3330
TARCOGArea agency on aging	256-830-0818

#### **SUICIDE PREVENTION**

What to do if you know someone who may be suicidal

- 1. ASK. Asking will not give the person the idea.
- 2. ASK HOW. If the person has a specific plan, intention, and means at hand, the risk is immediate.
- 3. GET HELP. Have the person seen at a hospital emergency room or by a doctor or mental health professional, or call a crisis line. There are two national hotline numbers which will route your call to the closest accredited crisis line:

1-800-SUICIDE (256-784-2433) 1-800-273-TALK (256-273-8255)

## **SURVIVORS OF SUICIDE**

## **TRANSPORTATION**

Caring Cars (Family Services Ctr.)	256-551-1610
Handi-Ride For elderly and disabled, call ahead to schedule.	256-427-6857
Huntsville Shuttle	256-536-7433
MARS — Madison Assisted Ride System  To request a ride	
TRAM  Transportation for Rural Areas of Madison Co.	256-532-3505

#### **VETERANS**

Army Community Services	256-876-5397
Ala. Dept. of Veteran Affairs	256-532-1662
Still Serving Veterans	256-883-7054
VA Hospital—Birmingham	1-800-872-0328
VA Mental Health Clinic Psychiatric outpatient counseling	256-534-1691
VA Outpatient Clinic	256-533-1645

#### **VOLUNTEER**

Crisis Services of North Alabama 2-1-1	2-1-1
Maintains a database of volunteer needs of comm	unity agencies.
Back up Number for 2-1-1	1-888-421-1266
·	
Retired Senior Volunteer Program	256-880-7080
_	
United Way	256-536-0745

#### Volunteers are needed at CSNA!

#### **Needed: Crisis Line Counselors**

Serve as a link to help for persons in any kind of crisis. Provide information, referrals, and help with problemsolving.

## **Needed: Domestic Violence First Responders**

(Huntsville and Decatur)

Accompany police to calls involving domestic violence; provide information packets and referrals for further help.

#### Needed: Rape Response Advocates

(Madison, Jackson, and Limestone Counties)
Be present with rape victims at time of need, and create a bond to facilitate further help.

#### **Needed: Sexual Assault Nurse Examiners**

(Madison, Jackson, and Limestone Counties)
Perform forensic examinations and serve as an expert
witness if the case goes to trial. You will receive
specialized training provided by CSNA. Must be a
licensed RN.

Crisis Services offers a training class covering essential helping skills, community resources, domestic violence, sexual assault, suicide, and other problems of living.

Where to call:

Crisis Services / HELPline 256-716-1000 Crisis Services / Administrative 256-716-4052

## **CSNA Wants to Come to Your School or Group!**

Presenters are available to bring programs to your school, civic organization, church, or other community group.

CSNA provides education and prevention programs on the following topics:

## **Community Resources**

What help is out there for people's needs

#### **Domestic Violence**

- Recognizing the red flags of abusive relationships
- Verbal abuse Making you think you're crazy
- Strategies for safety planning
- Effects of domestic violence on children

## **Dating Violence**

- Love doesn't hurt!
- When is it rape?

#### Rape / Sexual Assault

- Does this happen here?
- What happens when someone reports a rape?
- Personal safety

#### Suicide

- How to recognize when help is needed
- How to talk to someone you may be concerned about

Call 256-716-4052 for more information.

## Need help finding resources? Call 2-1-1

An easy-to-remember phone number to obtain help in finding resources for human services needs

**Statewide toll-free number for 2-1-1 is 888-421-1266** (If 2-1-1 is not available through your phone service)